

Camp Checklist

Note: when packing for camp, think about bringing items that you wouldn't mind replacing if they get lost or broken; i.e., cheap sunglasses, old shoes, a disposable camera... Also – put your name on your things!

☐ Head

- Bandana / scarf / hat
- Glasses/contacts and cleaning solution
- Sunglasses
- Swimming Goggles
- Shampoo and conditioner

☐ Shoulders

- Light jacket
- Swimsuit
- Swim shirt
- T-shirts
- Tank tops
- Sweatshirt

☐ Knees & Toes (*Knees & Toes*)

- Shorts
- Flip flops
- Shoes
- Socks
- Jeans
- Sweat pants

☐ Eyes & Ears & Mouth & Nose

- Shower caddy
- Comb or brush
- Deodorant
- Lip balm
- Disposable Camera
- Feminine hygiene products
- Soap in carrier
- Toothbrush and toothpaste
- Water bottle
- Flashlight

☐ Oh! I Almost Forgot!

- Raingear or umbrella
- Underwear
- Pajamas
- Bras
- Twin sheets or sleeping bag
- Towels – bath / pool
- Bug repellent
- Sunblock
- Laundry bag
- Paper, envelopes, stamps
- Stuffed animal
- Book, hacky sack, cards
- Small backpack or tote
- Canteen money (\$10 max)
- Gift Shop money

Medication: Bring all prescription medication to camp in the prescription bottle or in Dispill[®] packaging prepared by your pharmacy. Over-the-counter medications must be in the original packaging if not included in the Dispill[®] pack. State Health Laws prohibit acceptance of camper medication in any other form.